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# 5 Tips for a Safer Barrier-Free Bathroom

Newsletter from our "Adaptive 103 yr. Old Home"

April - 2010

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Springtime is almost here, and with it the beautiful days that we love here in Colorado. We love increasing our mobility and helping people live in their homes this time of year as we wake up from a long winter. This months article on Barrier-Free Bathrooms highlights the best way to make a bathroom that is beautiful and functional.

### ShowHome Location:

5596 S. Sycamore St.  
Littleton, CO 80120

[Map to Showroom](#)

Corner of Sycamore & Powers

Historic Downtown Littleton  
Adapted ShowHome

## 5 Tips for a Barrier-Free Bathroom

Your bathroom is typically the smallest room in the house, made with the cheapest materials in home construction. Barriers are everywhere, including tight showers, high tub walls, difficult doorways, and uneven surfaces with slippery floors. Common maintenance issues includes leaks, cracking tile, mold, shower valve or sink valve failures, or clogged drains.

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Bathroom design is changing as our population changes. Universal Design provides luxury and convenience for the bathroom needs of everyone: Children, adults, parents, and grandparents. Low-Curb or No-Curb Barrier- Free Showers and Baths include all-natural flooring and custom tile for seamless, non-slip use. Don't just cover up your old bath, improve it and create a beautiful modern space with tomorrow in mind.

#### Here are the top 5 tips for a safer bathroom

1. Widen your doorway - Most bathroom doors are 24 inches
2. Add a handhold or grab bar to hold as you step into the shower or tub
3. Check rugs and flooring - Eliminate trip hazards
4. Put high wattage bulbs in your lights for more lighting
5. When you remodel your bathroom, plan ahead and include a non-slip floor, a walk-in or barrier-free shower, low maintenance tile, and get a professional involved so that your plan will last a lifetime.

#### Ramping

Accessible Systems provides a variety of ramp options available for purchase or rental:

- Portable ramps - Singlefold, multifold, bariatric, threshold, and van

5 Tips for a Barrier Free Bathroom including Pictures

- Modular ramps - For residential and commercial use. ADA Compliant, easily moved or reconfigured, assembles quickly and easily, durable and weather resistant, little or no maintenance, accommodates a rise up to 60"
- Custom - Custom designed wooden ramps and railings to match or compliment your existing exterior

New Facebook Page available



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Your friends at Accessible Systems, Inc. would like to take this opportunity to thank you for your business, your referrals and your ongoing support for helping us make a difference in the lives of the elderly and those with physical disabilities and limitations.

Sincerely,

Nathan Colburn and Lana Moyer  
Accessible Systems

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